

BUDDHA PRACTICE STUDY

www.buddhapracticestudy.com

Ramabhar Impermanence Stupa in Kushinagar, India commemorates the cremation location of Buddha Shakyamuni

BUDDHISM for 21st CENTURY MINDS

BUDDHA STUDY 101

Mondays at 7 PM eastern time
Topics
Motivational and Dedication Prayers
Aspirational Prayers
Four Thoughts That Turn The Mind

Five Poisons and Five Antidotes

Love and Compassion
The Holy Enlightened Mind
The Six Human Realms
Karma, Cause and Result
The Four Noble Truths

The Three Vehicles

Q&A is always welcomed

All sessions on ZOOM Meeting ID: 868 3779 9232 Passcode: Dharma2day



BUDDHA PRACTICE 201

Sundays at 9 AM eastern time
Topics
Developing a Daily Practice
Introduction to the Enlightened Ones

MEDICINE BUDDHA Healing Practice

Thursdays at 7 PM eastern time

Training and practices in the Tibetan Drikung Kagyu tradition

Registration: buddhapracticestudy@gmail.com
Offerings gratefully accepted, see website for details
No one turned away for lack of funds

Senior Lay Instruction by Lance Pemadorjee 443.794.5560

Everyone is Invited!

Beginners
Advanced Practitioners
All Religions
Drop-ins OK